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RESEARCH ARTICLE

Impacts of Genetically Modified Organisms (GMOs) on Environment and Agriculture: A Comprehensive Review

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ABSTRACT

Genetically Modified Organisms (GMOs) have marked a significant turn in the trajectory of modern agriculture, demonstrating the power of genetic engineering in augmenting crop performance. This review paper comprehensively explores the multifaceted aspects of GMOs, their impacts, and future prospects. We begin by decoding the science behind GMOs, discussing genetic engineering techniques and notable GM crops. Subsequently, we delve into the implications of GMOs on agricultural productivity, including yield improvement, pest and disease resistance, and tolerance to abiotic stresses. This paper also explores the economic impacts of GMOs, highlighting both the benefits and potential disparities arising from their adoption. A vital part of our discussion centres around the environmental effects of GMOs, such as the impact on biodiversity, potential for gene flow to wild relatives, and influence on pesticide usage. Considering the direct human interface with GMOs, we evaluate health and safety concerns related to their consumption, discussing current regulations and testing protocols for GMO safety. Our paper also assesses public perception and acceptance of GMOs, underlining the role of public opinion in shaping GMO regulation and development. Looking towards the future, we introduce next-generation genetic engineering technologies like CRISPR-Cas9, synthetic biology, and genomics. We outline potential applications of these technologies to emerging agricultural challenges related to climate change, food security, and sustainability. The paper concludes with a call for more nuanced, context-specific research on GMOs' socioeconomic, environmental, health, and safety implications. We underscore the importance of interdisciplinary research that marries scientific findings with ethical, legal, and societal considerations, to ensure the inclusive, responsible, and beneficial advancement of GMO technology.

Key words: Transgenic plants and GMO.

INTRODUCTION

The advent of biotechnology has brought about a revolutionary change in many sectors, most notably in agriculture (Zafar et al., 2021). At the forefront of this revolution are Genetically Modified Organisms (GMOs), whose genomes have been altered through genetic engineering techniques to exhibit traits that are generally not seen in the organism in its natural state (Smith, 2020).

Background on Genetically Modified Organisms (GMOs)

Genetic modification is a process in which the DNA of an organism is altered in a way that does not occur

naturally (Zafar et al., 2022). The technique involves the introduction, alteration, or removal of specific genes within an organism's genome (National Academy of Sciences, 2016). The purpose is to produce organisms with desired traits, such as resistance to pests or diseases, improved nutritional content, or increased tolerance to harsh environmental conditions such as drought or frost (Khalid, Tahir, et al., 2021).

GMOs have been part of the global agricultural landscape since the early 1990s. The first commercial food crop, a type of tomato engineered to delay ripening and thus extend shelf life, was introduced in the U.S. in 1994. Since then, the number and variety of GMO

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crops have rapidly expanded, with key examples including herbicide-resistant soybeans, Bt corn (a type of corn modified to produce its own insecticide), and virus-resistant papaya (James, 2018).

Today, GMOs are grown on nearly 190 million hectares globally, making up about 13% of the world's total agricultural land. The majority of GMO crops are grown in five countries - the U.S., Brazil, Argentina, Canada, and India. The widespread adoption of GMOs is due largely to their perceived benefits, such as increased yields, reduced farming costs, and improved crop quality (Khalid, Abdullah, et al., 2021).

However, the use of GMOs is not without controversy. Critics argue that the long-term environmental and health effects of these organisms are still poorly understood and that the regulatory systems in place are insufficient. Concerns are frequently raised regarding the potential for gene flow to non-target species, leading to a reduction in biodiversity, as well as the possibility of creating new allergens or toxins.

Objectives of the Review

This review aims to provide a comprehensive analysis of the impacts of GMOs on agriculture and the environment. It will examine the benefits and drawbacks of GMOs, delve into the concerns and controversies surrounding their use, and explore the evidence behind these issues.

The review will present a balanced view of the current state of knowledge on GMOs and their effects, with a particular focus on their role in sustainable agricultural practices, their economic implications, their influence on biodiversity and ecosystems, and their potential contribution to global food security.

Through this review, we hope to contribute to a more nuanced understanding of GMOs and inform future discussions on the role of biotechnology in agriculture. As the global population continues to rise and the effects of climate change on agricultural productivity become increasingly apparent, it is essential that we explore all potential avenues for meeting our future food needs, including the use of GMOs.

Understanding GMOs: From Laboratory to Field

The journey of GMOs from the laboratory to the field represents an amalgamation of advanced scientific techniques and meticulous field testing. To comprehend the full breadth of GMOs' influence on agriculture and the environment, it is essential first to understand how these organisms are created and what characteristics they possess that make them particularly beneficial or controversial (BABAR et al., 2022).

Genetic Engineering Techniques

Genetic engineering is the crux of GMO production, requiring highly specialized methods and advanced scientific knowledge. The techniques used have evolved over time, from early recombinant DNA technology to more precise methods, like CRISPR-Cas9 (Doudna & Charpentier, 2014).

In the early stages of GMO development, recombinant DNA technology was the cornerstone technique. It involves the extraction of a desirable gene from one organism and its insertion into a plasmid—a small, circular piece of DNA present in bacterial cells. This recombinant plasmid is then introduced into a host organism's cells, integrating the new gene into the host's genome, thereby conferring the desired trait (BABAR et al., 2022).

The advent of newer, more precise techniques has streamlined this process. CRISPR-Cas9, a breakthrough genetic engineering tool, has significantly simplified the process of gene editing. It utilizes a segment of RNA that guides a DNA-cutting enzyme, Cas9, to a specific location in the genome where an alteration is desired. This technology has made it easier to introduce, remove, or replace genes, making the development of GMOs more efficient and accurate.

Major GMO Crops and Their Traits

The commercialization of GMOs has primarily centered on crops, given the urgent global need to enhance food production and improve agricultural resilience. The main genetically modified crops grown globally include soybeans, corn, cotton, and canola, with traits like herbicide tolerance, insect resistance, and enhanced nutritional profiles being most prevalent (Bhutta et al., 2023).

Herbicide-tolerant crops, particularly soybeans and corn, represent the largest segment of GMO crops. Engineered to withstand specific herbicides, these crops simplify weed management and can improve yields by reducing competition for resources. However, they have also spurred concerns about increased herbicide use and the emergence of herbicide-resistant weeds.

Insect-resistant crops, mainly Bt corn and Bt cotton, contain a gene from the bacterium Bacillus thuringiensis that produces a protein toxic to specific insects. These crops have the potential to reduce pesticide use and increase yields, but worries about the development of Bt-resistant insects persist (Razzaq et al., 2021; Zafar et al., 2020).

A smaller proportion of GMO crops have been engineered for improved nutritional content, such as Golden Rice, which is fortified with beta-carotene to combat vitamin A deficiency prevalent in many developing countries. These crops present significant potential for addressing global malnutrition, yet they also face regulatory hurdles and public acceptance issues (Bhutta et al., 2023).

Understanding the genetic engineering techniques and the traits of major GMO crops sets the foundation for further exploration of GMOs' impacts. As the range of genetically modified traits continues to expand, and with advances in genetic engineering, the landscape of GMOs in agriculture is continually evolving. Evaluating their benefits and potential risks becomes not just a scientific necessity but also a societal responsibility.

The Impacts of GMOs on Agricultural Productivity

One of the most compelling reasons for the adoption of GMOs is their potential to boost agricultural productivity. As we grapple with feeding a growing global population amidst shrinking arable lands and changing climatic conditions, the promise of increased yield, enhanced pest and disease resistance, and tolerance to abiotic stresses offered by GMOs present tangible solutions to these challenges (Razzaq et al., 2021).

Yield Improvement

GMOs have been engineered to enhance the yield potential of crops, primarily through the introduction of traits for herbicide tolerance and pest resistance. A meta-analysis conducted by Klümper and Qaim (2014) analyzed data from 147 studies and found that GMO technology increased crop yields by 21% on average.

Herbicide-tolerant crops, by enabling more effective weed control, reduce competition for resources such as light, water, and nutrients, leading to improved crop performance and yield. Similarly, insectresistant crops can reduce yield losses due to pest damage (SHAH et al., 2023).

It's important to note, however, that the yield benefit of GMOs can vary significantly depending on the local growing conditions, the specific crop, and the trait introduced. While yield gains have been significant in many cases, they are not universal, and yield improvement should not be the sole consideration when evaluating the merits of GMOs.

Pest and Disease Resistance

The development of crop varieties resistant to pests and diseases is another key way GMOs can boost agricultural productivity. The introduction of the Bt gene into crops like corn and cotton has provided effective control against destructive pests, reducing the need for chemical insecticides and mitigating yield losses due to insect damage (BABAR et al., 2022).

Additionally, genetic engineering has allowed the development of disease-resistant GMOs, like the papaya ringspot virus-resistant papaya and the late blight-resistant potato. By offering resistance against diseases that are otherwise difficult to manage, these GMOs can significantly enhance productivity and reduce crop losses.

Tolerance to Abiotic Stresses

As the effects of climate change become increasingly apparent, the development of crops that can withstand abiotic stresses such as drought, salinity, and extreme temperatures is of growing importance. GMOs present a promising avenue in this respect.

The commercialization of the first drought-tolerant GMO corn by Monsanto (now Bayer) marked a significant milestone in this field. Other projects, like the development of salt-tolerant crops, are still largely in the research phase but show immense potential for

improving agricultural productivity in marginal lands affected by salinity.

In conclusion, while GMOs offer tangible benefits for agricultural productivity, it's crucial to balance these advantages with considerations of environmental impact, health and safety concerns, and socio-economic implications. As we strive to meet the food demands of a growing global population, GMOs, alongside traditional breeding and sustainable farming practices, can be part of a multi-faceted solution to global food security.

Environmental Effects of GMOs

The environmental effects of genetically modified organisms are complex and multifaceted. While they hold potential for substantial benefits, like reduced pesticide usage and improved land-use efficiency, they also come with risks. Potential impacts on biodiversity, the possible transfer of genes to wild relatives, and shifts in pesticide usage patterns are all vital considerations when evaluating the environmental implications of GMOs.

Impact on Biodiversity

Biodiversity is the variety of life in an ecosystem and is essential for ecosystem health, resilience, and services. Concerns have been raised that the widespread cultivation of GMOs, particularly monocultures, could negatively impact biodiversity. This could occur through several mechanisms, such as outcrossing of the GM traits to wild relatives or nontarget effects of the modified traits, such as the toxicity of Bt crops to non-target insects.

However, the impact of GMOs on biodiversity is a complex issue and depends heavily on the specific GM trait, the crop, and the environmental context. Some GMOs could potentially benefit biodiversity by reducing the need for chemical pesticide usage or by improving land-use efficiency, thereby reducing the pressure to convert natural habitats into agricultural land. A comprehensive understanding of these impacts requires extensive ecological research and monitoring (Dolezel et al., 2018).

Potential for Gene Flow to Wild Relatives

Gene flow, the transfer of genes from one population to another, is a natural process. However, when it comes to GMOs, the fear is that genetically modified traits might transfer to wild relatives through cross-pollination, leading to the creation of "superweeds" or negatively impacting local flora.

The risk of such gene flow depends on several factors, including the proximity of GM crops to their wild relatives, the possibility of cross-pollination, and the fitness advantage provided by the GM trait. It's worth noting that gene flow is not inherently negative, but it requires close monitoring to prevent unforeseen consequences (Gómez-Campaña & Rodriguez-Cerezo, 2006).

Influence on Pesticide Usage

One of the most cited benefits of GMOs is their potential to reduce the reliance on chemical pesticides. Crops like Bt corn or cotton produce their own insecticide, decreasing the need for chemical applications, while herbicide-tolerant crops allow for more efficient weed control, potentially reducing overall herbicide usage.

However, the reality is more complex. For instance, while Bt crops have generally led to reduced insecticide use, herbicide-tolerant crops have shown mixed results. In some cases, they have enabled the use of less toxic herbicides, but in others, they have led to increased herbicide use due to the emergence of herbicideresistant weeds.

Furthermore, the environmental impact of pesticides is not determined by volume alone. The toxicity and degradation rate of the pesticide, its effects on non-target species, and its application method also play significant roles.

In conclusion, the environmental effects of GMOs are complex and need to be evaluated on a case-by-case basis. As we continue to develop and adopt this technology, it is crucial to balance the potential benefits against the possible risks, guided by rigorous scientific research and ecological principles.

GMOs and Food Security

Food security, defined as access to sufficient, safe, and nutritious food, is a critical global issue, and one that is expected to become more pressing with the projected global population growth and the impacts of climate change. GMOs, with their potential to improve crop yields, enhance nutritional quality, and mitigate the impacts of climate change, are often touted as a potential solution to the food security challenge.

Contribution to Global Food Supply

The promise of GMOs to contribute to the global food supply primarily lies in their potential to increase crop yields. This can be achieved through the introduction of traits for pest and disease resistance, herbicide tolerance, or abiotic stress tolerance, which can reduce crop losses and enhance productivity.

For instance, Bt cotton, by providing effective control against the cotton bollworm, a major pest, has led to significant yield increases in many regions. Herbicide-tolerant crops, by simplifying weed management, can also contribute to increased yields.

Furthermore, GMOs can potentially expand the agricultural area by enabling the cultivation of crops in areas currently unsuitable for agriculture, such as salt-affected soils or regions with inadequate water supply. The development of drought-tolerant or salt-tolerant GMOs could, therefore, contribute to the global food supply (Chakraborty et al., 2015).

GMOs in the Context of Climate Change

The impacts of climate change on agriculture – including shifts in temperature and precipitation

patterns, increased frequency and severity of extreme weather events, and rising sea levels leading to increased salinity of coastal agricultural lands – pose significant challenges to global food security.

In this context, GMOs offer a promising avenue for developing crops that can better withstand these changing conditions. Drought-tolerant or heat-tolerant crops could maintain or even increase yields under less favorable growing conditions, thereby mitigating the impacts of climate change on food production.

For instance, the Water Efficient Maize for Africa (WEMA) project, a public-private partnership, has used both traditional breeding and genetic modification to develop drought-tolerant maize varieties. These varieties, designed specifically for the conditions in Sub-Saharan Africa, where maize is a staple food for millions, can help farmers maintain their yields in the face of increasingly frequent droughts (Dube et al., 2020).

However, it's important to note that GMOs are not a silver bullet for achieving food security. The challenges of food security are complex, and addressing them requires a comprehensive approach, encompassing not just agricultural productivity, but also issues of access, distribution, affordability, dietary diversity, and sustainable use of resources.

GMOs, as part of a diverse set of agricultural technologies and practices, can play a role in this endeavor. Yet, their successful and sustainable application requires robust regulatory systems, effective management practices, and careful consideration of socioeconomic and environmental impacts.

Health and Safety Concerns Related to GMOs

While GMOs hold promise for increased agricultural productivity and enhanced nutritional content, concerns about their safety have been a central aspect of the broader GMO debate. These concerns generally fall into two categories: potential effects on human health and impacts on the environment (Gaskell et al., 2010).

Overview of Human Health Concerns

Human health concerns related to GMOs include allergenicity, toxicity, and nutritional potential differences compared to conventional crops. Allergenicity refers to the potential for GM crops to cause allergic reactions in some individuals. This could happen if a gene introduced from an allergenic organism confers allergenicity to the GMO, or if the genetic modification alters the expression of existing allergenic proteins. However, potential allergenicity is a key consideration in the safety assessment of GMOs, and thus far, no allergenic effects have been conclusively linked to any approved GMO (Prescott et al., 2005).

Toxicity refers to the potential for GM crops to have toxic effects. Concerns about toxicity are typically related to the Bt toxins expressed by some GM crops for pest resistance. However, these toxins have been widely used as a spray in organic farming for decades and have a strong safety record. They are specifically toxic to certain insects and are considered safe for human consumption (Dively & Venugopal, 2008).

Another area of concern is the potential nutritional differences between GM and non-GM crops. While some GMOs have been developed to enhance nutritional content (such as Golden Rice, which has been engineered to produce beta-carotene), others may have unintended nutritional changes due to the genetic modification process. However, comparative assessments are a routine part of GMO safety evaluations to ensure their nutritional equivalence to non-GM counterparts (Herman & Price, 2013).

Regulations and Testing for GMO Safety

Given these potential concerns, GMOs are subject to rigorous testing and regulatory oversight before they are approved for commercial use. The testing process for a new GMO typically involves years of laboratory, greenhouse, and field testing to evaluate its agronomic performance, nutritional composition, and safety. These tests aim to identify any potential risks associated with the GMO, such as toxicity, allergenicity, or environmental harm (Schmidt & Heinemann, 2014).

Regulations governing the testing and approval of GMOs vary by country but generally involve a comprehensive safety assessment and a risk management plan. The World Health Organization and the Food and Agriculture Organization have established the Codex Alimentarius guidelines for the safety assessment of GMOs, which many countries use as a reference (Codex Alimentarius Commission, 2003).

While the safety testing process for GMOs is rigorous, it is not infallible. As with any scientific endeavor, uncertainty and disagreement can exist. Furthermore, the long-term effects of GMO consumption are challenging to study directly and conclusively (Séralini et al., 2014).

Thus, while the scientific consensus based on current evidence supports the safety of approved GMOs, it is crucial to continue monitoring and research to detect and respond to any potential risks. Transparency, public engagement, and rigorous regulatory processes are vital to ensure the safety and acceptance of GMOs.

Public Perception and Acceptance of GMOs

Public perception and acceptance of GMOs vary widely around the world. This variability reflects differences in cultural attitudes, trust in scientific and regulatory institutions, and exposure to conflicting information about the benefits and risks of this technology. Public opinion plays a crucial role in shaping the regulatory landscape for GMOs and can influence their development, adoption, and impacts (Hoban & Boudreau, 2019).

Variances in Global Acceptance of GMOs

There is significant variation in public acceptance of GMOs around the globe. Broadly speaking, acceptance

is generally higher in countries where GMO crops are widely grown, such as the United States and Brazil, while it tends to be lower in regions such as the European Union, where GMO cultivation is limited.

For example, a survey conducted by the Pew Research Center in 2016 found that 37% of American adults believed that GMOs were safe to eat, while 39% considered them unsafe. In contrast, a Eurobarometer survey conducted in 2010 found that only 21% of Europeans thought that GMOs were safe for future generations.

These variations in acceptance reflect differences in cultural attitudes towards food and nature, trust in scientific and regulatory institutions, and awareness and understanding of the technology. They also reflect the influence of various interest groups, including consumer organizations, environmental NGOs, and the biotech industry, in shaping public discourse around GMOs (Huang et al., 2013).

Public Engagement in GMO Development and Regulation

Given the wide range of views on GMOs, public engagement in their development and regulation is crucial. This can take various forms, from public consultations during the regulatory approval process to participatory approaches in GMO research and development.

Public engagement can help to ensure that a broad range of perspectives and values are considered in decision-making about GMOs. It can also increase transparency and trust in regulatory processes, which is particularly important given the public skepticism towards this technology.

Public engagement in GMO research and development can also help to align this technology with societal needs and values. For instance, participatory plant breeding approaches involve farmers in the selection and breeding of new crop varieties, including GMOs. These approaches can help to ensure that the resulting GMOs are suited tofarmers' needs and conditions and are socially accepted.

However, effective public engagement in GMO development and regulation faces various challenges. These include ensuring that the engagement processes are genuinely inclusive and deliberative, rather than merely tokenistic or manipulative. It also involves communicating complex scientific and risk information in an accessible and balanced way, and managing conflicting interests and values.

In conclusion, understanding and addressing public perceptions and concerns about GMOs is a vital aspect of their development and regulation. It is essential not only for the acceptance and success of this technology but also for upholding democratic principles in decision-making about technology and the environment.

Future Trends and Research Directions in Genetic Engineering

Genetic engineering has been instrumental in the evolution of modern agriculture, and its influence is set to continue in the future. As the field progresses, newer technologies are poised to emerge, with increasingly sophisticated applications addressing a range of agricultural challenges. This continuous evolution underscores the importance of ongoing research and development.

Next-Generation Genetic Engineering Technologies

The field of genetic engineering is dynamic and constantly evolving, with the advent of innovative technologies set to redefine the landscape. Among these, CRISPR-Cas9 gene editing has emerged as a pivotal tool. Unlike traditional GMO techniques that introduce foreign genes, gene editing allows for precise modifications within an organism's existing genes. This tool has revolutionized genetic engineering due to its precision, efficiency, and versatility (Jinek et al., 2012).

Besides CRISPR-Cas9, other gene-editing tools such as TALENs (Transcription Activator-Like Effector Nucleases) and ZFNs (Zinc Finger Nucleases) are also gaining traction.

Looking forward, synthetic biology, a discipline that combines biology and engineering, aims to create entirely new biological systems or redesign existing ones for useful purposes. This field could potentially enable the creation of custom-built organisms for specific agricultural needs.

Lastly, the rapidly evolving field of genomics offers promise for the future. With the cost of genome sequencing falling dramatically, the genomics revolution has opened the door to the exploration of plant genomes at an unprecedented scale, which can significantly advance crop breeding and genetic engineering.

Potential Applications for Emerging Agricultural Challenges

As we face emerging agricultural challenges, including climate change, food security, and sustainability, genetic engineering technologies offer promise for novel solutions.

Climate-smart crops, engineered to withstand increased drought, salinity, or temperature fluctuations, could mitigate the impact of climate change on agricultural productivity. For instance, researchers are working on developing crops that use water more efficiently, a trait that could become increasingly valuable as water scarcity intensifies globally.

Similarly, genetic engineering could play a crucial role in enhancing food security by improving crop yields and nutritional content. Initiatives like Golden Rice, which is engineered to produce Vitamin A, showcase the potential for GMOs to address micronutrient deficiencies.

Sustainability is another area where genetic engineering could make significant contributions. By

reducing dependence on chemical inputs, enhancing resource-use efficiency, or enabling the cultivation of marginal lands, GMOs can contribute to more sustainable agricultural systems.

However, the application of these next-generation technologies should be balanced with careful regulation and consideration of their environmental, social, and ethical implications. As with the first wave of GMOs, it is crucial to ensure the safety, transparency, and social acceptability of these new technologies, which will require ongoing research, robust regulatory systems, and public engagement.

Conclusion

The field of genetic engineering, with its potential to revolutionize agricultural productivity, has seen remarkable advancements in the past few decades. In this review, we have explored the myriad aspects of genetically modified organisms (GMOs), their impacts on agricultural productivity, economic implications, environmental effects, health and safety concerns, and public perception.

Summary of Findings

Our exploration of GMOs began with understanding the science behind genetic modification and the major GM crops in cultivation today. This technology has brought significant advantages, including increased crop yields, pest and disease resistance, and abiotic stress tolerance, all of which contribute positively to agricultural productivity.

The economic implications of GMO adoption have also been discussed. It was noted that while there are benefits, such as increased profits due to higher yields and reduced pesticide use, there is a concern about the accessibility of this technology for small-scale farmers and its potential to exacerbate economic disparities.

We explored the environmental impacts of GMOs, including their influence on biodiversity, potential for gene flow to wild relatives, and effects on pesticide usage. While certain environmental benefits were observed, these have to be balanced against potential risks.

The topic of health and safety concerns highlighted the rigorous regulations and testing for GMO safety. Although the scientific consensus currently supports the safety of approved GMOs, it is vital to maintain continuous monitoring and research to address any potential risks.

We also examined the public perception and acceptance of GMOs, an area that shapes the regulatory landscape for GMOs and significantly influences their development and adoption. The level of acceptance varied globally, reflecting cultural, social, and institutional differences.

Looking towards the future, we discussed emerging genetic engineering technologies like CRISPR-Cas9, synthetic biology, and genomics. We also highlighted potential applications to address emerging agricultural challenges related to climate change, food security, and sustainability.

Recommendations for Future Research

In light of these findings, several areas for future research can be recommended. There is a need for more extensive and context-specific studies on the economic implications of GMOs, especially considering the smallscale and resource-poor farmers.

Research focusing on long-term health and environmental impacts of GMOs should be a priority. It's essential to explore any potential health risks associated with long-term GMO consumption and understand how GMO cultivation affects ecosystems over time.

Further research is also needed to understand public attitudes towards GMOs better, including studies that investigate the factors shaping these attitudes and how they influence policy decisions.

In the sphere of genetic engineering technology, continued research into next-generation technologies is vital. These studies should aim to refine these techniques and explore their potential applications.

Finally, it's important to engage in multidisciplinary research that links scientific findings with socioeconomic, ethical, and legal considerations. Such an integrated approach will ensure that the development and use of GMOs align with societal needs and values.

In conclusion, GMOs offer tremendous potential in addressing the major agricultural challenges of our time. However, the path to harnessing their full potential must be navigated thoughtfully, guided by rigorous scientific research, sound regulatory policies, and inclusive public engagement.

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